

# Dachi Kata



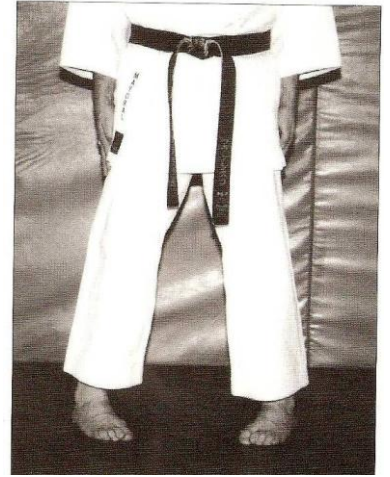
**Heisoku Dachi**



**Musubi Dachi**



**Nami Heiko Dachi**



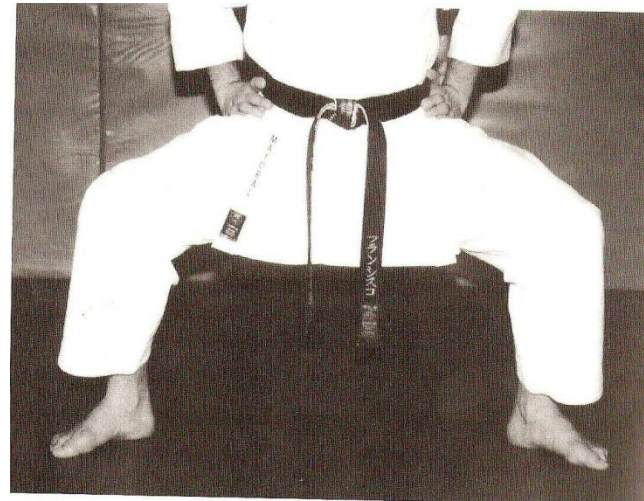
**Uchi Hachiji Dachi**



**Soto Hachiji Dachi**

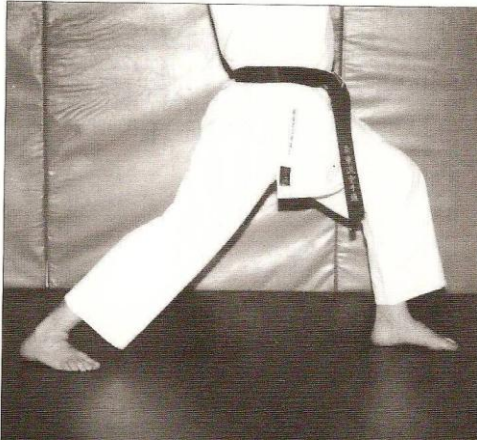


**Naifanchin Dachi**

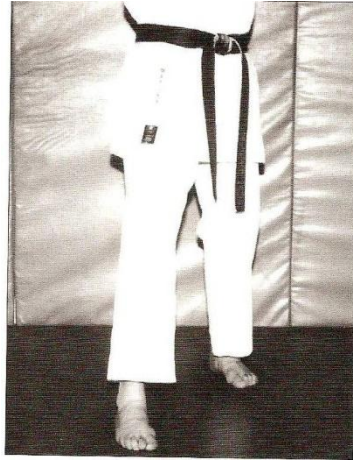


**Shiko Dachi**

# Dachi Kata



**Zenkutsu Dachi**



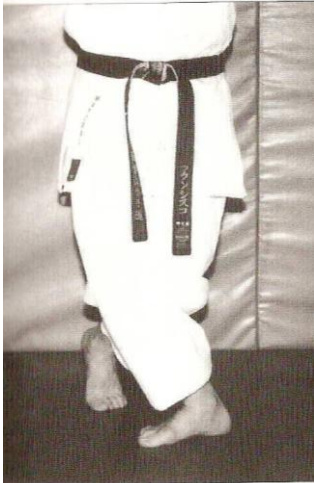
**Heiko Dachi**



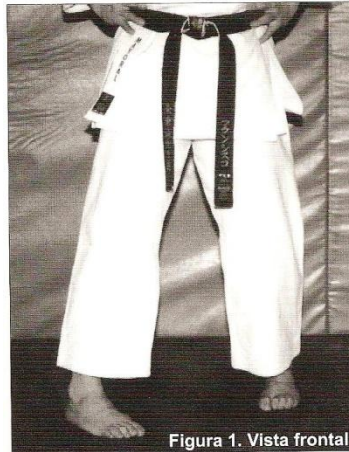
**Renoji Dachi**



**Neko Ashi Dachi**



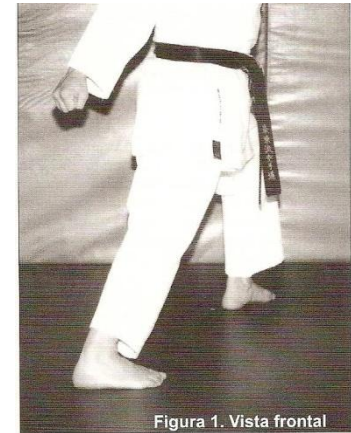
**Kosa Dachi**



**Sanchin Dachi**



**Ippon Dachi**



**Kokutsu Dachi**